

**Warm Water Pool  
School Year 23-24**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00am	Adult Swimming 101/201		Adult Swimming 101/201	AQ Boot Camp	Adult Swimming 101/201		
7:30am	Ages 18+		Ages 18+	7:00-7:45am	Ages 18+		
8:00am							
8:30am							
9:00am	AQ Fit		AQ Fit		AQ Fit	Group Swim Lessons	
9:15am	9:00-9:45am		9:00-9:45am		9:00-9:45am	8:30-10:00am	
9:30am						Ages 3+	
9:45am							
10:00am	AQ Cardio	AQ Cardio	AQ Cardio	AQ Cardio	AQ Cardio	AQ Boot Camp	
10:15am	10:00-10:45am	10:00-10:45am	10:00-10:45am	10:00-10:45am	10:00-10:45am	10:00-10:45am	
10:30am	*No lap lane available*	*No lap lane available*	*No lap lane available*	*No lap lane available*	*No lap lane available*	*No lap lane available*	
10:45am							
11:00am	Parent Child	AQ Arthritis	AQ Barre	AQ Arthritis	Parent Child	Parent Child	
11:15am	Ages 6mo-3 years	11:00-11:45am	11:00-11:45am	11:00-11:45am	Ages 6mo-3 years	Ages 6mo-3 years	
11:30am	11:00-11:45am				11:00-11:45am	11:00-11:45am	
12:00pm					Group Swim Lessons		
12:30pm					Ages 3+		
1:00pm					12:00-1:00pm		
1:30pm	Closed for Cleaning	Closed for Cleaning	Closed for Cleaning	Closed for Cleaning	Closed for Cleaning	Closed for Cleaning	
2:00pm							
3:00pm							
4:00pm		Swim Clinic					
4:30pm	Swim Clinic	4:00-4:45pm		Swim Clinic			
4:45pm	4:30-5:15pm	Kids Water X	Group Swim Lessons	4:30-5:15pm			
5:00pm		4:45-5:30pm	4:30-6:00pm				
5:15pm	Adult Learn to Swim Clinic	Ages 5-12 years	Ages 3+				
5:30pm	5:15-6:00pm	Parent Child					
5:45pm		Ages 6mo-3 years		Group Swim Lessons			
6:00pm	AQ Boot Camp	5:30-6:15pm	AQ Boot Camp	5:30-7:00pm			
6:15pm	6:00-6:45pm	Swim Clinic	6:00-6:45pm	Ages 3+			
6:30pm		6:15-7:00pm					
6:45pm							
7:00pm		AQ Boot Camp					
7:30pm		7:00-7:45pm					

**Warm Water Pool Rules and Etiquette**

- Warning: No Lifeguard on Duty**
- Children under 14 years of age must be accompanied by a parent or legal guardian unless participating in a Club program.
- All water classes including water aerobics, group and private swim lessons are held in this pool.
- Pool closes at 11:45pm on weekdays and 9:45pm on weekends
- Schedule is subject to change for special events
- Children must be potty trained or wear a swim diaper.
- No running or horseplay. No diving or prolonged breath holding.
- Nonswimmers must wear life jackets.
- Glass is prohibited in the pool area.
- No lap lane will be available during the 10am classes.
- No recreational/family swim during shaded times.

